



UROLOCARE HOSPITALS

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PHYELONEPHRITIS

Home education

1. Adequate fluid intake to ensure the passage of good volumes of urine
2. Good genital hygiene before and after urination. Females are to wipe from front to back
3. Report abnormalities to your doctor e.g. fever, continuous back and bladder pain/discomfort
4. Finish all prescribed medicine
5. Empty bladder on a regular basis
6. Attend your follow-up appointment
7. Contact your doctor or phone The Urology Hospital (after hours).

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