

**UROLOCARE HOSPITALS**

(Pty) Ltd. Reg. No/nr. 2001/005764/07

SUPRA PUBIC CATHETER

Home education

1. Supra pubic catheter to be anchored on the supra pubic site
2. Wash the area with soap and water
3. Keep the area dry
4. Only on doctors request, apply prescribed ointment around insertion site
5. Supra pubic catheter to be changed every 3 months either by your Urologist or General Practitioner
6. Maintain a high fluid intake
7. Avoid constipation
8. Continue with medication as prescribed by your doctor
9. If any bleeding from insertion area, excessive leakage or blockage of urine occurs, phone your doctor, or The Urology Hospital (after hours)
10. Book a follow up appointment as needed.

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